



CDC's Public Health Grand Rounds Presents:
“Mind Your RisksSM and Act FAST to Prevent and Treat Strokes”

Tuesday, May 17, 2016

1:00 p.m. – 2:00 p.m. EDT

Global Communications Center (Building 19)

Alexander D. Langmuir Auditorium

Roybal Campus

Every four minutes, an American dies from a stroke. Though we have come a long way in the prevention and treatment of stroke, it is still the fifth leading cause of death in the United States and is a major cause of adult disability. Of the nearly 800,000 people in the United States who suffer from strokes each year, about 75% survive, and stroke care is estimated to cost over \$33 billion annually. Risk factors like uncontrolled high blood pressure remain common, and rising obesity rates threaten progress. The good news is that many risks, including high blood pressure, heart disease, high cholesterol, and diabetes, can be reduced with healthy lifestyle changes and medication. When a stroke occurs, knowing the signs and acting quickly can improve the chance of a full recovery.

To reduce treatment times and improve clinical outcomes for stroke, it is important to develop integrated systems for prevention, treatment, and rehabilitation. Programs like the Paul Coverdell National Acute Stroke Program encourage the development of such systems statewide. CDC also works with national partners like the American Heart Association and the Joint Commission to implement guidelines that improve stroke prevention and care at healthcare facilities across the country.

This session of Grand Rounds discusses how public health programs and healthcare providers are working together across the nation to identify and reduce stroke risks, and to improve the quality of stroke care and treatment.

Presented By:

Walter Koroshetz, MD

Director

National Institute of Neurological Disorders and Stroke, NIH

“Mind Your RisksSM to Preserve Brain Health”

Cheryl Bushnell, MD, MHS

Professor of Neurology & Director

Comprehensive Stroke Center

Wake Forest Baptist Medical Center

“Preventing Strokes in Women – Knowing the Difference Can Make a Difference”

Michael Frankel, MD

Professor & Director of Vascular Neurology

Emory University School of Medicine

Chief of Neurology & Director

Marcus Stroke and Neuroscience Center for the Grady Health System

Lead Neurologist, Georgia Coverdell Stroke Registry

“Ways to Bridge the Gap: Quality Improvement and Stroke Systems of Care”

Jennifer Foltz, MD, MPH

Commander, U.S. Public Health Service

Medical Epidemiologist

Epidemiology and Surveillance Branch

Division of Heart Disease and Stroke Prevention

National Center for Chronic Disease Prevention and Health Promotion, CDC

“Stroke Prevention: Improving Outcomes across Systems”

Facilitated By:

John Iskander, MD, MPH, Scientific Director, Public Health Grand Rounds

Phoebe Thorpe, MD, MPH, Deputy Scientific Director, Public Health Grand Rounds

Susan Laird, MSN, RN, Communications Director, Public Health Grand Rounds

Continuing Education for Grand Rounds

ALL Continuing Education hours for Public Health Grand Rounds (PHGR) are issued online through the [CDC/ATSDR Training and Continuing Education Online system](#). If you have questions, [e-mail](#) or call Learner Support at 1-800-418-7246 (1-800-41TRAIN).

Those who attend PHGR either in person, Envision, IPTV, or “web on demand” and who wish to receive continuing education must complete the online seminar evaluation. Thirty days from the initial seminar the course number will change to WD2346 and will be available for continuing education until February 18, 2018. The course code for PHGR is **PHGR10**.

Target Audience: Physicians, nurses, epidemiologists, pharmacists, veterinarians, certified health education specialists, laboratorians, others

Objectives:

1. List key measures of burden of disease involving morbidity, mortality, and/or cost.
2. Describe evidence-based preventive interventions and the status of their implementations.
3. Identify one key prevention science research gap.
4. Name one key indicator by which progress and meeting prevention goals is measured.

CE certificates can be printed from your computer immediately upon completion of your online evaluation. A cumulative transcript of all CDC/ATSDR CE's obtained through the TCE Online System will be maintained for each user. We hope that this will assist CDC staff and other public health professionals to fulfill the requirements for their professional licenses and certificates.

For Continuing Medical Education for Physicians (CME):

The Centers for Disease Control and Prevention is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) to provide continuing medical education for physicians.

The Centers for Disease Control and Prevention designates this live activity for a maximum of 1 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For Continuing Nursing Education for Nurses (CNE):

The Centers for Disease Control and Prevention is accredited as a provider of Continuing Nursing Education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity provides 1 contact hours.

For Continuing Education Contact Hours in Health Education (CECH):

Sponsored by the Centers for Disease Control and Prevention, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designed for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 1.0 total Category I continuing education contact hours. Maximum advanced level continuing education contact hours available are 0. CDC provider number **98614**.

IACET Continuing Education Units (CEU):

The Centers for Disease Control and Prevention is authorized by IACET to offer 0.1 CEU's for this program.

**For Continuing Pharmacy Education (CPE):**

(For EV2346 (SC) - live course)

The Centers for Disease Control and Prevention is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program is a designated event for pharmacists to receive 0.1 CEUs in pharmacy education. The Universal Activity Number is 0387-0000-16-005-L04-P.

(For WD2346 -Web on demand)

The Centers for Disease Control and Prevention is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program is a designated event for pharmacists to receive 0.1 CEUs in pharmacy education. The Universal Activity Number is 0387-0000-16-005-H04-P.

Course Category: This activity has been designated as knowledge-based.

Once credit is claimed, an unofficial statement of credit is immediately available on TCEOnline. Official credit will be uploaded within 60 days on the NABP/CPE Monitor.

For AAVSB/RACE:

This program was reviewed and approved by AAVSB RACE program for 1.0 hours of continuing education. Participants should be aware that some boards have limitations on the number of hours accepted in certain categories and/or restrictions on certain methods of delivery of continuing education. Please contact the AAVSB RACE program if you have any comments/concerns regarding this program's validity or relevancy to the veterinary profession.

For Certified Public Health:

The Centers for Disease Control and Prevention is a pre-approved provider of Certified in Public Health (CPH) recertification credits and is authorized to offer 1 CPH recertification credits for this program.

CDC is an approved provider of CPH Recertification Credits by the National Board of Public Health Examiners. Effective October 1, 2013, the National Board of Public Health Examiners (NBPHE) accepts continuing education units (CEU) for CPH recertification credits from CDC. Please select CEU as your choice for continuing education when registering for a course on TCEOnline. Learners seeking CPH should use the guidelines provided by the NBPHE for calculating recertification credits. For assistance please contact NBPHE at <http://www.NBPHE.org>.

There is no cost for this program.

Disclosure: In compliance with continuing education requirements, all presenters must disclose any financial or other associations with the manufacturers of commercial products, suppliers of commercial services, or commercial supporters as well as any use of unlabeled product(s) or product(s) under investigational use.

CDC, our planners, presenters, and their spouses/partners wish to disclose they have no financial interests or other relationships with the manufacturers of commercial products, suppliers of commercial services, or commercial supporters. Planners have reviewed content to ensure there is no bias.

Content will not include any discussion of the unlabeled use of a product or a product under investigational use.

CDC did not accept commercial support for this activity.